

suburban life



**Also
Inside:**

Top physicians,
leading women,
and more



Led by Dr. Joseph Castelli,
**Lux Skin & Lasers by
John Lee, MD** introduces
semaglutide and
tirzepatide injections for
enhanced weight-loss
solutions in the
Philadelphia area.

page 54



Dr. Joseph Castelli is leading the medical weight-loss program offered by Lux Skin & Lasers by John Lee, MD.

A Personal Approach to Medical Weight Loss

Lux Skin & Lasers by John Lee, MD introduces semaglutide and tirzepatide injections for enhanced weight-loss solutions in the Philadelphia area.

Lux Skin & Lasers by John Lee, MD, which has clinics in Bryn Mawr and King of Prussia, has been offering effective medical weight-loss solutions with semaglutide (the active ingredient in Ozempic® and Wegovy®) and tirzepatide (the active ingredient in Mounjaro®) injections. This program is led by Dr. Joseph Castelli, an OB/GYN and women's health specialist and aesthetic doctor who has been performing Botox, fillers, and CO2 resurfacing treatments for over a decade. Dr. Lee is excited that patients are experiencing the highest standard of care that Dr. Castelli provides for all his patients. Drs. Lee and Castelli both believe that the medical weight-loss program is an overall wellness program not just for weight loss but also for improving one's overall health.

More clinical data is coming out supporting the positive effects of semaglutide and tirzepatide, and this is very exciting to Drs. Lee and Castelli. New research published in the May 2024 issue of Nature Medicine shows that semaglutide produced clinically significant weight loss sustained over four years. Additionally, the same study shows that semaglutide resulted in significant health benefits beyond weight loss, specifically related to heart health. Among more than 17,000 patients with preexisting cardiovascular disease, who are overweight or obese and do not have diabetes, those who took semaglutide showed a 20 percent reduction in major adverse cardiovascular events and nonfatal strokes.

Commitment to Affordability and Higher Standard of Care

The trend of nurses and physician assistants overseeing patients' medical health has become the norm in this country. At Lux Skin & Lasers by John Lee, MD, however, Dr. Castelli performs a health history, reviews every lab result and meets with patients each month. He even provides his personal contact number to all his patients to assure he is accessible if there are any side effects experienced by his patients. Dr. Lee feels that "Dr. Castelli's level of commitment and care is what sets our program apart from others in the area. We wanted to offer a program that prioritized standard of care. We feel we have achieved this, and that is why our weight-loss program is growing so successful."

The clinic invites new patients to start with a complimentary consultation, determining their suitability for semaglutide or tirzepatide injections. Following this, patients receive continued support through monthly visits with Dr. Castelli, who personally oversees the initial administration and provides ongoing guidance.

Currently, the treatment cost ranges from \$500 to \$600 per month for semaglutide or tirzepatide; this includes lab review and consult with Dr. Castelli and one month of

Dr. Castelli joined Dr. Lee in 2020. The doctors enjoy the collaborative relationship of caring for patients in the Bryn Mawr office.



medication. Dr. Castelli recommends a minimum of a 90-day commitment to experience noticeable results. On average, patients experience a 10 to 15 percent reduction of their body weight during this period.

Dr. Castelli adds, "Our medical weight-loss program is evolving, and I am excited to offer the most effective and personalized medical treatments. I am committed to being both the doctor and cheerleader in improving my patients' goals for weight loss and overall wellness."

Enhanced Membership Benefits

The clinic also enhances its service offerings through membership benefits, which include discounts on other premium services such as Botox, dermal fillers, CoolSculpting, and

laser treatments. With a focus on patient care, affordability, and tailored treatment experiences, Lux Skin & Lasers by John Lee, MD continues to be a leading provider of Allergan (makers of Botox, Juvéderm, and CoolSculpting) on the Main Line and a TOP 100 provider in the United States. ■

Lux Skin & Lasers by John Lee, MD

For more information or to schedule a consultation, contact Dr. Joseph Castelli at Lux Skin & Lasers by John Lee, MD in Bryn Mawr and King of Prussia by calling (610) 789-6701 or by visiting www.luxskinlasers.com.